

**CURRICULUM VITAE**  
**Samuel Mark Shen, MD, FACP**

Date of Birth -February 14, 1954  
Birthplace -Mount Vernon, N.Y.

Marital Status -Married  
Children -2 sons

**EDUCATION and TRAINING**

Business of Medicine (Masters level certificate)  
The Johns Hopkins University 9/98-7/99

Residency in Primary Care Internal Medicine-  
The George Washington University 1983-1985

Internship in Internal Medicine-  
The George Washington University 1982-1983

Graduate-

Medical University of South Carolina, Charleston, SC 1982  
M.D. Cum Laude  
Honors - Alpha Omega Alpha

Undergraduate-

Union College of Union University, Schenectady, N.Y. 1976  
B.S. -Magna Cum Laude with honors in Biological Sciences  
Thesis-Effects of Oophorectomy, Fetectomy, Adrenalectomy, Hysterectomy and Steroids  
on Pregnancy in the Rat; Supervisor - George Butterstein, Ph.D. Honors - Sigma Xi

**EXPERIENCE**

Hyperbaric Oxygen Therapy of Northern Virginia  
1860 Town Center Drive #G220  
Reston, Virginia 20190  
Founding Principal and medical director June 2, 2011-present

Internal Medicine of Northern Virginia, PLLC  
1860 Town Center Drive Suite #230  
Reston, Virginia 20190  
Principal, August 1, 1994-present

Woodburn Internal Medicine Associates 1986-1994  
3299 Woodburn Road #300  
Annandale, Virginia 22003  
Vice-President and Secretary 1988-1994

Virginia Medical Associates 1985-1986  
5510 Alma Lane,  
Springfield, Virginia 22151

**HOSPITAL AFFILIATIONS**

Reston Hospital Reston, Virginia, 8/1/94-present

**UNIVERSITY AFFILIATIONS**

George Washington University  
Associate Clinical Professor of Health Care Sciences  
May 1998 - present

Assistant Clinical Professor of Health Care Sciences  
September 1991 -May 1998

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**TEACHING ACTIVITIES**

Preceptor for Primary Care Apprenticeship

for George Washington University School of Medicine 1<sup>st</sup> and 2<sup>nd</sup> year medical students  
September 1991-present

Teaching Attending Rounds for

Georgetown Internal Medicine Housestaff  
at Fairfax Hospital 1988-94

**PROFESSIONAL ASSOCIATION AFFILIATIONS**

American Society of Internal Medicine (ASIM)/American College of Physicians (ACP)

Virginia Society of Internal Medicine

International Association of Chronic Fatigue Syndrome

International Lyme and Associated Diseases Society (ILADS)

American College of Hyperbaric Medicine since 2/2011

**COMMITTEE MEMBERSHIPS**

Board of Directors ILADS [International Lyme and Associated Diseases Society] November 2010-present

Member of Virginia Governor McDonell's task force on Lyme Disease September 2010-July 2011

Medical Liaison to the Diabetic Teaching Program Reston Hospital Center 1995-2011

Doctors Health of Virginia-Board of Directors 2/97-11/98

Medtrust Medical Group-member Board of Directors 10/94-2/97; VP-Primary Care Affairs 2/95-2/97

Robert Wood Johnson Generalist Initiative for the State of Virginia May 1993 - December 1993

Fairfax Hospital Credential's Committee 1993 - 1995

**HONORS**

National Capital Lyme Association May 2010 Doctor of the Year

"International Association of Internists of the Leading physicians of the world" 2010 edition

"The Washingtonian" November 2002, July 2005, April 2008 "Best Doctors" February 2010

"Washington Consumers Checkbook" 1993 multiple years "Best Primary Care Physicians"

"Northern Virginia" Best Doctors 2/2009 and multiple years since

Patients' Choice Award 2009 and multiple years thereafter; 2011 America's Most Compassionate Doctor Award

America's Best Doctors 2008

Best Doctors.com as of 2007

Fellow of the American College of Physicians since 1990

Alpha Omega Alpha honorary medical society 1982

**PUBLICATIONS/Poster Presentations**

Shor S Pathogenesis of Chronic Fatigue Syndrome, A Multisystem Hypothesis *Journal of Chronic Fatigue Syndrome* Vol. 11(3) 2003: 51-68

Shor S Lyme Disease Presenting as Chronic Fatigue Syndrome, A Case Study *Journal Of Chronic Fatigue Syndrome* 13(4)2006

Shor, S Lyme Disease presenting as Chronic Fatigue Syndrome, Poster presentation 9<sup>th</sup> Biennial IACFS [International Association for Chronic Fatigue Syndrome/ME] meetings March 2009

Shor, S Retrospective analysis of a cohort of Internationally Case Defined Chronic Fatigue Syndrome patients in a Lyme endemic area Bulletin of the IACFS/ME.2011;18(4):109-123

Shor, S Retrospective analysis of a cohort of Internationally Case Defined Chronic Fatigue Syndrome patients in a Lyme endemic area Poster presentation 10th Biennial IACFS [International Association for Chronic Fatigue Syndrome/ME] meetings September 2011

**ARTICLES about Dr. Shor**

Forsgren S From IDSA to ILADS: A Journey Toward Reconciliation *Public Health Alert* Vol.4 Issue5 May 2009

Majority of Chronic Fatigue Syndrome Patients improve with Antibiotics *LYME TIMES* vol 23 number 1; 2011 14-16

**RESEARCH EXPERIENCE**

Shor, S Retrospective analysis of a cohort of Internationally Case Defined Chronic Fatigue Syndrome patients in a Lyme endemic area  
Bulletin of the IACFS/ME.2011; 18(4):109-123

Shor, S A pilot study-a prospective therapeutic trial in a subpopulation of internationally case defined CFS patients who are felt to have an occult "seronegative" persistent Lyme infection-awaiting funding; PI for WIRB protocol #20072313, study #1096088

**INVITED LECTURER/Public Speaking**

Chronic Fatigue Syndrome and Lyme Disease, a possible connection May 19, 2012 Klagenfurt, Austria ILADS Europe plenary speaker

Congressman Frank Wolf hosted physician forum on Lyme Disease May 1, 2012 GW University Loudon campus

Interview local Fox new radio April 16, 2012 re incidence of Lyme Disease

Interview by WUSA/local CBS affiliate March 20, 2012 re Lyme Disease

Live interview Diane Rehm Show WAMU/National Public Radio 2/29/12 The Chronic Lyme Controversy

Reston Hospital Medicine section meeting 2/28/12 "Off label, evidence based indications for Hyperbaric Oxygen Treatment"

Interview by WUSA/local CBS affiliate June 2, 2011 on the impact of Lyme Disease on Loudon County

Live Interview local DC Fox TV May 19, 2011 on Lyme disease

Publications and Research, considerations for a busy clinician ILADS annual conference October 2010

Shor, S Testimony before the Virginia Committee on Health, welfare and Institutions Subcommittee #1 February 1, 2010 Lyme Disease"  
Legislation HB 512

Plenary speaker on "Chronic fatigue and Lyme disease" Oct 2009 ILADS annual meetings

WUSA/CBS News Report on Lyme disease 5/20/09

Diane Rehm Show National Public Radio 4/20/09 Live interview/debate with Phil Baker, PhD representing the IDSA  
opinion re Chronic Lyme Disease

Dysautonomias in Lyme disease Oct 14, 2008 SF California ILADS meeting

Chronic Lyme Disease controversy 9/24/08 Washington DC Congressional Hearing

Chronic Lyme Disease controversy 8/5/08 town hall meeting Ashburn, VA, organized by Congressman Wolf

Fibromyalgia and TMD May 21, 2007 ENT section GW University

Chronic Fatigue/Fibromyalgia/Lyme September 25, 2006 Ob/Gyn section Fairfax Hospital, Falls Church VA

Interviewed on local Arlington television March 2003 re: Fibromyalgia

CFS and Fibromyalgia-lay audience May 99, October 2000, November 2001 Fair Oaks Hospital, Fairfax, Virginia

Chronic Fatigue Immune Dysfunction Syndrome May 96 Audience-Medical Staff Fair Oaks Hospital Fairfax, Virginia